



Lent in a bag

Reflective resources for Lent 2021



LENT IN A BAG

This is a suggestion for your thoughts and prayer during Lent.

You may like to make up a small bag containing the following items:

- **a small amount of sand in a jar or bag**
- **a pebble**
- **a picture or symbol of a person**
- **a candle**

Alternatively, you may prefer to use the images in this booklet to guide you.

Here are two suggestions for using the contents of your bag:

1. Choose one night of the week and invite those around your table to pick one of the symbols as a starting point for conversation for the whole group, including children.
2. For your own devotion, daily or weekly, choose one of the symbols for your own reflection as you make your way through the season of Lent.



Sand



Between his baptism and the beginning of his adult ministry, Jesus went into the wilderness for 40 days, 'to be tested'.

- What constitutes wilderness in your life?
- What have you learned there? What might you learn there?

You may wish to read the story of Jesus wandering in the desert.

Luke 4.1-11

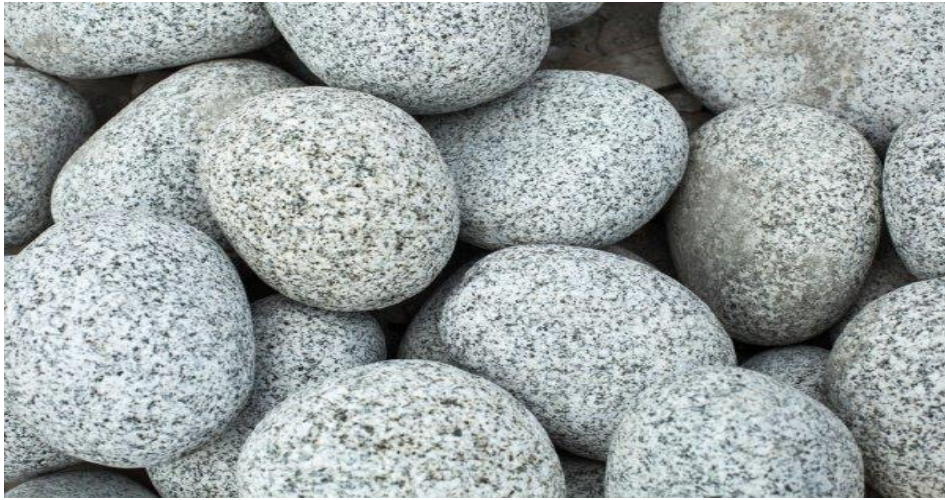
The Temptation of Jesus

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."'

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."'

Rock



While in the wilderness, Jesus was invited to transform stone into bread. Though he resisted the temptation there and then, he became justly renowned for feeding people who were hungry for food, or for love, or for a word of encouragement, or for simple acceptance.

- Might there be a stony place in you that needs transforming?
Some attitude or habit that, with a little attention, might even become a gift for you and others?



You may wish to read the story of Zacchaeus.

Luke 19.1-10

Jesus and Zacchaeus

He entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax-collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycamore tree to see him, because he was going to pass that way. When Jesus came to the place, he looked up and said to him, 'Zacchaeus, hurry and come down; for I must stay at your house today.' So he hurried down and was happy to welcome him. All who saw it began to grumble and said, 'He has gone to be the guest of one who is a sinner.' Zacchaeus stood there and said to the Lord, 'Look, half of my possessions, Lord, I will give to the poor; and if I have defrauded anyone of anything, I will pay back four times as much.' Then Jesus said to him, 'Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost.'

Human Figure



Because Jesus was, as we confess, fully human, he gets us, understands us from inside our skin, and knows from experience that we're each capable of great things, Godly things. And no matter what we do, he keeps on inviting us to join us in his work which has become our own.

- As you enter this Lent, what might you plan to do over these 40 days so that come Easter you will more closely reflect the Christ who lives in and through you?

You may wish to read the story of Jesus washing the disciple's feet.

John 13. 1-17

Jesus Washes the Disciples' Feet

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'You do not know now what I am doing, but later you will understand.' Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.'

Candle



Lent begins in the dimness of late winter and ends with the burst of bright spring. Jesus is, according to John's gospel, 'The Light of the World' and that Light insists: 'You are the light of the world. Don't be hiding under some bushel basket.'

- So where do you shine?
- How do you keep your light lit?

You may wish to read the story of Jesus the 'Light of the World'.

John 8.12-20

Jesus the Light of the World

Again Jesus spoke to them, saying, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.' Then the Pharisees said to him, 'You are testifying on your own behalf; your testimony is not valid.' Jesus answered, 'Even if I testify on my own behalf, my testimony is valid because I know where I have come from and where I am going, but you do not know where I come from or where I am going. You judge by human standards; I judge no one. Yet even if I do judge, my judgement is valid; for it is not I alone who judge, but I and the Father who sent me. In your law it is written that the testimony of two witnesses is valid. I testify on my own behalf, and the Father who sent me testifies on my behalf.' Then they said to him, 'Where is your Father?' Jesus answered, 'You know neither me nor my Father. If you knew me, you would know my Father also.' He spoke these words while he was teaching in the treasury of the temple, but no one arrested him, because his hour had not yet come.

